

In this booklet you will find information about how we keep you safe in your home. You will also find lots of advice and information about things you can do to help keep you safe.

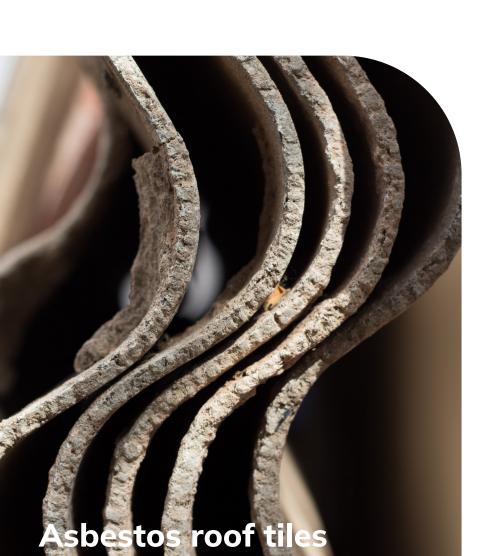








Asbestos



What is asbestos?

Asbestos is a natural substance made up of many tiny fibres. It is like a fluffy rock!

It was used for many years in buildings because it was a good at keeping in heat, good for sound proofing and was fire retardant.

Asbestos can break up into tiny fibres and if it is damaged or is disturbed these fibres can be harmful to a person's health if breathed in.

Golden Lane Housing carry out checks every year on all properties at risk of asbestos

What is asbestos?

If your home was built after 1999, it will be asbestos free. If your home was built before then, asbestos may be found in places like:

- corrugated roofing (typically found on garages)
- insulation under the roof, tiles, soffits, gutters, downpipes, walls and panels
- boards and panels, and any insulation between them
- insulation around pipes, flues, around heaters or a boiler
- decorative coatings on walls or ceilings, like artex
- insulation around windows
- old water cisterns
- plastic floor tiles.

Some homes may contain asbestos but it is not something to worry about but you do need to be aware of the risks it could present if it is not safely managed.

If you are planning any DIY or decorating in your home please contact Golden Lane Housing who will be happy to advise.







What will Golden Lane Housing do?

We survey all properties which were built before 2000 for asbestos. If we find it, we may remove it, encase it and monitor it on an annual basis.

Asbestos information is provided to all the contractors who will work in your home to make sure they do not disturb any asbestos that may be there.









Electrical safety



How you can keep safe

We want everyone to keep safe in their homes. Electricity can become a serious danger and can result in serious injuries and even death when not used properly.

We send an electrician to survey your home every 5 years to make sure the electrical wiring is safe for you to use. If we see anything that may cause concern, we replace it while we are there.

Here are some things to help you identify what you should and should not do with electrical items:

always...

Follow the manufacturer's guidance for use and, where applicable, any charging safety guidance.

Use the correct rating of fuse.

Check electrical items and cables to make sure they stay in good condition and are not frayed or worn, before you use them.

Be aware of fake electrical goods bought cheaply
– if you have paid a low price for a designer
electrical item it may be a poor copy which could
harm you. Check the item has a CE marking and
buy your item from a high street shop or their
website.

Stop using any electrical item that seems faulty, keeps cutting out or overheats.

Check the Electrical Safety Council website for more information, go to www.esc.org.uk/public.

Check your sockets regularly and if you see scorch/burn marks or they feel hot, do not use it and call Golden Lane Housing to fix it.

Check the electrical current rating of an electrical adaptor before you plug appliances in. Make sure that the total current used does not exceed the adaptor's rating.

Switch off appliances at the socket when not in use. Switch off appliances when you go to bed or when you go out unless they are meant to be left on, for example, your fridge.

never...

Overload sockets, and always make sure the equipment is not covered.

Leave electrical items in the standby mode and always unplug them when not in use.

Turn on washing machines, tumble dryers etc. when you are leaving the house.

Carry out any repairs or alterations to the wiring in your home.

Use electrical equipment in wet areas, and never attempt to change lightbulbs or plug-in or unplug electrical appliances with wet hands.

Change light bulbs without unplugging the lamp, or for fixed lights, make sure the electrical supply is turned off at the consumer unit first.

Overload plug sockets, adaptors or an extension lead. Try to keep to one plug to one socket.

Use water on an electric fire.

Put electric heaters near curtains or furniture and don't dry clothes on them or cover the air vents.

Trail cables under carpets or rugs, especially where you walk.



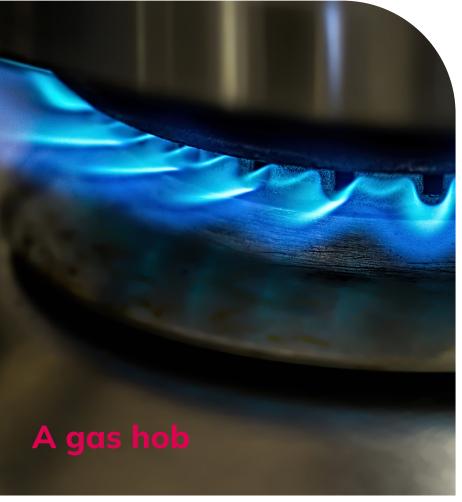






Gas safety





What can I do to help?

You must allow Golden Lane Housing access to your home to complete your annual gas safety check. If you do not allow us access you will be in breach of your tenancy agreement and we can take legal action.

If you employ anyone to carry out gas work in your home, you must make sure they are a Gas Safe Registered engineer.

You must never attempt to do any gas related work or repairs yourself. Not only could you be breaking the law, but any work you carry out could be life threatening for you and your neighbours.

If you suspect a gas leak or can smell gas:

do...

Extinguish all forms of naked flames.

Open all windows and doors.

Turn off the gas supply to the property, immediately, which will be found by your meter.

Phone the Gas Emergency Service on 0800 111 999 and then Golden Lane Housing. The gas supply must remain isolated until the leak has been rectified.

do not...

Switch on any electrical appliances, including light switches.

Use a mobile phone in the area.

Use matches for light.



What if an appliance fails the safety check?

The Gas Safety Record will contain details of any problems found at the time of the inspection, and any action that has been taken.

If an appliance fails the safety check, it may be necessary to disconnect it. Our engineer will make the appliance safe whilst on site in this circumstance. Golden Lane Housing will then contact you to discuss and agree any further actions and when we will do them.



Chimneys

Solid fuel systems with either a chimney or flue will be swept annually. Any chimney that has been decommissioned must not be brought back into use.

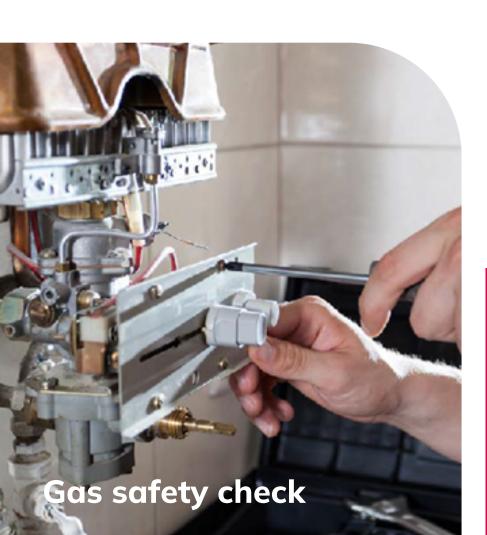








Gas safety



Gas safety tips

Make sure you know where your gas meter is located and how to turn off the gas supply in the event of an emergency.

NEVER...

cover an appliance such as a boiler or gas fire or block the air vents block or obstruct any fixed ventilation grilles or airbricks block or cover outside flues

fit draught exclusion strips to doors of a room that contains a gas appliance

use a gas appliance if you think it's not working properly

Golden Lane Housing is required by law to ensure gas appliances have an annual safety inspection. To help us meet this legal requirement, and for your safety, you must allow our engineers into your property to carry out our checks.

The engineer will test all gas appliances, pipe work, flues and smoke alarms in your home.

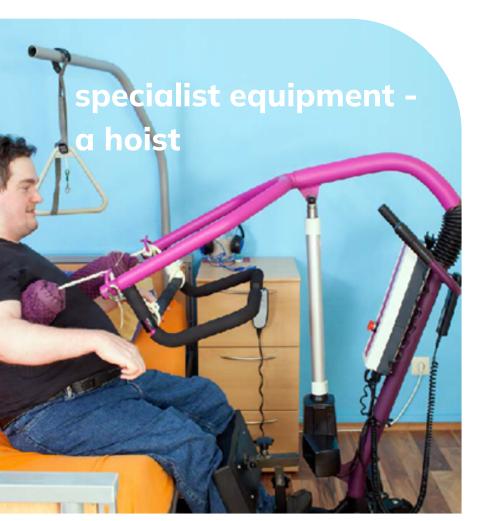
We will notify you, at least one month before your gas safety check needs to be done and arrange an appointment with you.







Specialist equipment



How you can keep safe

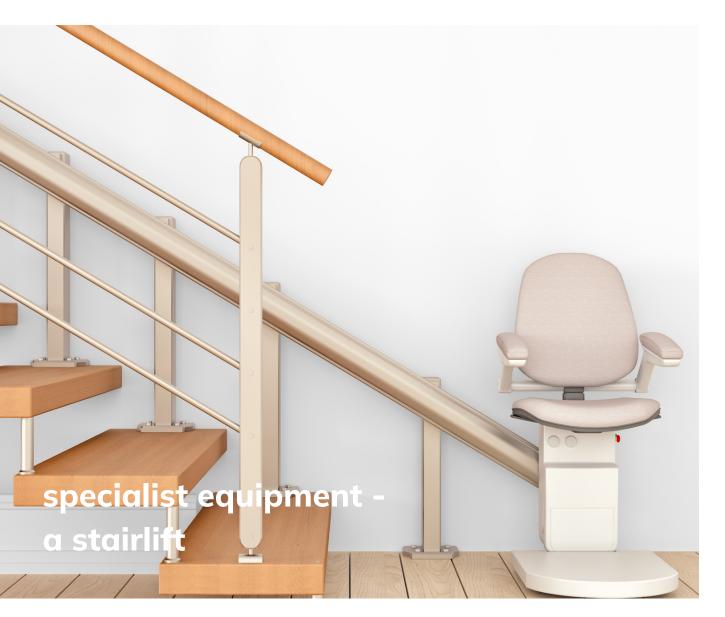
Golden Lane Housing will make sure all the equipment that we have provided in your home is inspected and maintained in line with the manufacturer's recommendations and health and safety law.

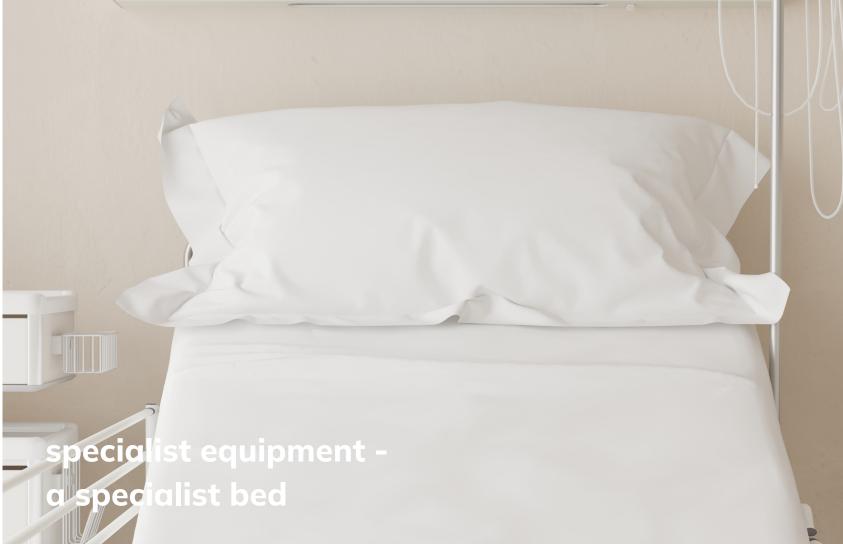
To help us meet this requirement, and for your safety, you must allow our engineers into your property to assess your equipment.

We will notify you, at least one month before your check needs to be done and arrange an appointment with you.

Golden Lane Housing sometimes supply equipment of a specialist nature these may be things like specialist beds, hoists and lifts within a building.

To make sure this equipment remains safe to use, Golden Lane Housing will regularly inspect and maintain it.





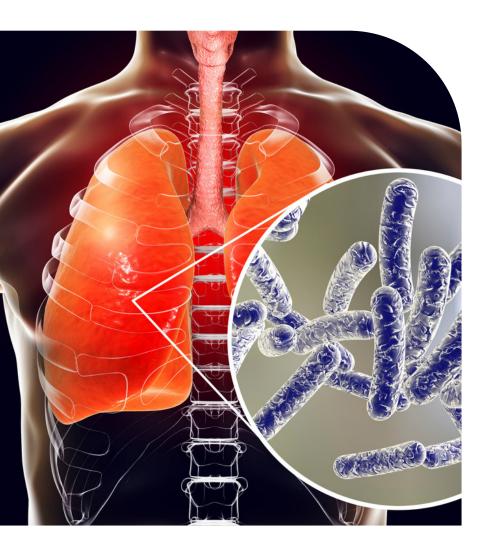








Water safety



What is Legionannaire's disease?

Legionnaires' disease is a severe form of pneumonia, a lung inflammation, usually caused by infection. It's caused by a bacterium known as Legionella. Most people get legionnaires' disease by inhaling the bacteria from water or soil. It is quite rare and not contagious.

Where do Legionella bacteria live?

Legionella bacteria are common in natural water courses such as rivers and ponds. Since the bacteria are widespread in the environment, they may contaminate and grow in other water systems such as hot and cold water services. They are killed by high temperatures.

How do people get it?

People can get Legionnaires' disease by inhaling small droplets of water that are in the air, which contain the bacteria.

What can you do to reduce the risk of Legionella?

We recommend you run all your taps and your shower for a couple of minutes each week to prevent the build-up of any harmful bacteria. In most homes that are lived in, the risk is already low because the hot and cold water tend to be used regularly, keeping the water moving.

We recommend you run all your taps and your shower for a couple of minutes each week to prevent the build-up of any harmful bacteria. We also recommend you clean your shower head every month to prevent the build-up of limescale.

If your home has a cold water storage tank, Golden Lane Housing will make sure all water outlets in your home pass an assessment, at least every two years.

To help us meet this requirement, and for your safety, you must allow our engineers into your property to assess your water pipes and tank, if you have one.

The engineer will test all water pipework in your home and will tell Golden Lane Housing if any plumbing work is needed.

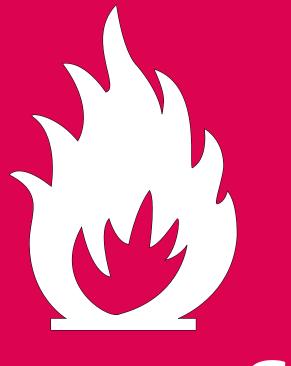
We will notify you, at least one month before your water hygiene safety check needs to be done and arrange an appointment with you.











Fire safety

Help and information for tenants and their support



Fire safety



Furniture

Make sure your furniture is fire-resistant and away from a heat source.



Portable heaters

Secure portable heaters against a wall to stop them falling over and keep them clear from curtains and furniture. Never place clothing or other items over them to dry. Only use the portable heaters that have a safety cut out switch should they fall over.



Smoking

If you smoke, make sure you use an ashtray and position it so that it cannot fall over. Using a little water in the ashtray will help extinguish the cigarette. Never leave a lit cigarette unattended and never place a lit cigarette end into a waste bin.

Take extra care if you smoke when you're tired, taking prescription drugs, or if you have been drinking alcohol.

You must never smoke in bed.



Candles

It is best to avoid using candles around your home.

Put candles out when you leave the room, and make sure they're put out completely at night.









Fire safety



Combustible materials and household items

Avoid a build-up of waste, clear it out on a regular basis and remove it from the building.

Avoid storing flammable substances in the building and near naked flames, sparks or heat.

Store combustible items away from any source of heat and/or ignition. Better still, remove them completely.

Do not store flammable substances if there is no requirement to do so.

If you do have flammable substances, store them in an external building in the correctly labelled container and keep them away from sources of heat and/or ignition and keep the quantities to a minimum.











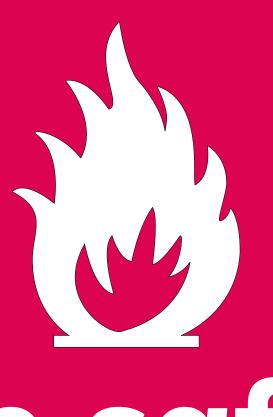






We will check your fire equipment regularly to make sure it's in good working order





Fire safety
What to do if
there is a fire in
your home



What to do if there is a fire in your home



Keep calm and act quickly, get everyone out as soon as possible.

Do not waste any time investigating what has happened or rescuing valuables.

If there is smoke, try to keep low on the floor where the air is clearer.

Before you open a door check if it's warm. If it is, do not open it - fire is on the other side.

Once you are outside the building, call the Fire and Rescue service by dialling 999.











Plan your escape



Know your escape route and make sure everyone knows how to escape.

Make sure your escape route is kept clear.

The best route is the normal way in and out of your home.

Think of a second route, in case the first one is blocked.

Practice your escape plan.

Review your escape plan if the layout of your home changes.

Keep doors and window keys where everyone can find them.

If you cannot get out, get everyone into one room ideally one with a window and a phone. Put bedding around the bottom of the door to block out the smoke, then open the window and shout "HELP, FIRE".

If you are on the ground floor or first floor, you may be able to escape through a window.

If you cannot open the window, break the glass in the bottom corner.







Nightime checklist





Close inside doors at night to stop fire spreading.

Turn off and unplug electrical appliances unless they are meant to be on, like your fridge.

Check your cooker is turned off.

Do not leave the washing machine/tumble dryer on.

Turn heaters off and put up fire guards in front of open fires.

Put candles and cigarettes out properly. DO NOT smoke in bed!

Make sure exits are clear.

Keep doors and window keys where everyone can find them.



















We will check your fire equipment regularly to make sure it's in good working order





Fire safety How we help to keep you safe in your home

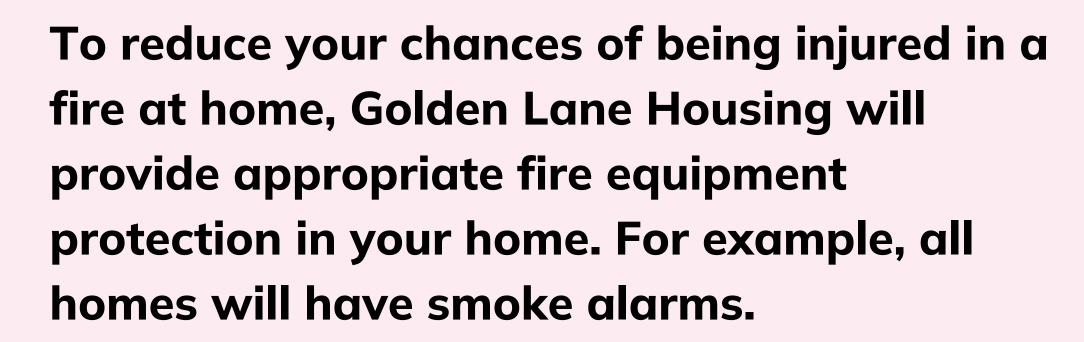


Home safety checks









In some cases, we may install fire doors, a full fire alarm system, emergency lighting or a sprinkler system.

We will come to your house and check the equipment to make sure it is working properly every year or 6 months depending what needs to be checked



It is your responsibility to tell us when fire equipment doesn't work, for example a smoke detector is beeping or a fire door doesn't shut properly.



You can report this in the same way you would a repair.



For alternative versions please contact the Communications Team: 0300 003 7007 communications@glh.org.uk

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